

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM**  
**(Deemed to be University)**  
**B.Sc. (NURSING) DEGREE EXAMINATION – February 2020**  
**Third Year**

**MENTAL HEALTH NURSING**

Time: Three hours

Maximum: 75 marks

**SECTION – A**

I. Answer **All** Questions. Each answer in one or two sentences: (15 x 1 = 15)

1. Define psychiatric nursing.
2. What is biofeedback?
3. List down any four common psychiatric emergencies.
4. Define confabulation.
5. What is meant by A1- Anon?
6. Define Tourette's syndrome.
7. What is meant by abreaction therapy?
8. Define dissociative fugue.
9. Four example of anti depressants.
10. Define process recording.
11. Barriers of communication.
12. Define drug addiction.
13. Stages of grief.
14. Define delirium.
15. Define exhibitionism.

**SECTION – B**

II. Write short notes on any **Six** of the following: (6 x 5 = 30)

16. Difference between psychosis and neurosis.
17. Classification of mental disorders.
18. Write a note on extra pyramidal symptoms.
19. Types of schizophrenia and explain any one in detail.
20. Care and rehabilitation of mentally retarded child.
21. Explain about ADHD.
22. Write about national mental health program.
23. Write in detail about bulimia nervosa.

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**SECTION – C**

III. Answer any **Three** of the following:

(3x10 =30)

24. Define behavioral therapy. List and explain detail about behavioral therapy techniques.
25. Define BPAD. Discuss the etiology, clinical manifestation and psychopathology, medical and nursing management of a client with depression.
26. Define OCD. Discuss the etiology, clinical manifestation, medical and nursing management of client with OCD.
27. Define community mental health nursing. Discuss the level of prevention in psychiatry and role of nurse in preventive psychiatry.

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